



# County of San Diego

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## FAMILY SELF-SUFFICIENCY APPLICATION

The Family Self-Sufficiency (FSS) program promotes economic independence and self-sufficiency for participating families. When a family enrolls in the FSS program, they are required to sign a contract of participation (for 5 years) that outlines a series of steps that will help the family become more self-sufficient. The final goals are to be employed and to be off of all welfare programs (including Cal-Works and General Relief) for at least 12 consecutive months. As a participating family increases their income and pays more of their rent, due to increased earnings/wages, the Housing Authority will generally deposit an equal amount into an escrow account for the family. When all of the goals are met, the family will get the money that has accumulated in their escrow account, including interest.

Name of Head of Household (please print) \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Employment/Income

Are you currently employed? \_\_\_\_\_ Full Time? (35+ hours/wk) \_\_\_\_\_ Part-Time? \_\_\_\_\_

What is your job title? \_\_\_\_\_

When did you start your job? \_\_\_\_\_

How do you feel you can excel in your job or current field? \_\_\_\_\_

Do you have any health benefits from your job? (please circle all that apply) HEALTH RETIREMENT OTHER

If you are not employed, what do you see as your major difficulty in finding employment? \_\_\_\_\_

Are you currently receiving welfare benefits? \_\_\_\_\_

### Education/Training

What is the highest grade you completed in school? \_\_\_\_\_

Do you have any college degrees? \_\_\_\_\_

Do you have your high school diploma? \_\_\_\_\_ Or GED? \_\_\_\_\_

If you answered no to having a diploma or GED, would you be interested in obtaining one? \_\_\_\_\_

Do you feel that furthering your education would help you reach your goal of self-sufficiency? \_\_\_\_\_

If yes, what education or vocational (including certifications) goals do you have? \_\_\_\_\_

Are you currently attending school or job training (including CalWorks)? \_\_\_\_\_

If yes, what is the name of the school or training program and where is it located? \_\_\_\_\_

What is the goal of your studies/training? \_\_\_\_\_

When will you finish? \_\_\_\_\_

<Please turn over>

### **Transportation**

Do you have your own transportation? \_\_\_\_\_ Car Insurance? \_\_\_\_\_

Do you use public transportation? \_\_\_\_\_ Is public transportation conveniently located? \_\_\_\_\_

### **Childcare**

If employment is found, do you have adequate childcare? \_\_\_\_\_

If yes, who will provide that childcare? \_\_\_\_\_

If no, what have been some of the difficulties you have had in finding childcare? \_\_\_\_\_

### **Computer**

Do you have a working computer at home? \_\_\_\_\_

Internet Connection? (Please circle) DSL/Cable Dialup None

Do you have regular access to a computer outside of your home? \_\_\_\_\_

### **Self-Sufficiency Goals**

What are your goals for the next 5 years?

- ☐ To be off of welfare programs
- ☐ To be employed full time as a \_\_\_\_\_
- ☐ To have a \_\_\_\_\_ degree in \_\_\_\_\_
- ☐ To own my own home
- ☐ Other \_\_\_\_\_

### **How are you going to meet your goals?**

- ☐ Look into training/education opportunities
- ☐ Start training or education What will you study? \_\_\_\_\_
- ☐ Finish training or education What are you studying? \_\_\_\_\_
- ☐ Job search
- ☐ Visit a career counselor
- ☐ Improve English language skills
- ☐ Other \_\_\_\_\_

### **Do you need referrals to any of the following services?**

- |   |  |
|---|--|
| <input type="checkbox"/> Money Management/Budgeting | <input type="checkbox"/> Childcare             |
| <input type="checkbox"/> Adult Education            | <input type="checkbox"/> Credit repair         |
| <input type="checkbox"/> Health Services            | <input type="checkbox"/> Homeownership classes |
| <input type="checkbox"/> Transportation             | <input type="checkbox"/> Other: _____          |

What are the two biggest challenges you are facing right now? \_\_\_\_\_

What do you feel are your barriers to becoming self-sufficient? \_\_\_\_\_

Have you participated in any FSS program? Where/when and did you complete the program? \_\_\_\_\_

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